



## SOCIAL MEDIA POST

YOGA SUTRA AND MEDITATION – ONLINE MASTER TRAINING WITH OCTAVIO SALVADO.

Are you looking to develop a highly efficient and dependable daily Meditation practice and learn how to access your own inner field of innate joy, wisdom and fulfillment? Then this training is the exact road to travel – the Royal road of Raja Yoga. Without the gift of Meditation in our life, its not possible to receive the full gift of Practice, nor understand the brilliance and luminosity of our own mind. This is the timeless gift of Patanjali's Yoga Sutra – considered Yoga Shastra – the final authority on Yoga.

In this online master training, we will not only break down the hidden teachings and practices within the Yoga Sutra, but also put in place a powerful, time-tested strategy for your own evolutionary daily Meditation practice.

This training can NOW BE ACCESSED ALL YEAR ROUND, which means that you can study at a pace that's right for you.

Lifetime access to the training: \$429



To register please click [\(enter your personal Affiliate link\)](#)

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