



**YOUR DHARMA IS  
GREATNESS**  
BHAGAVAD GITA ONLINE TRAINING

## KEY MESSAGES

Provided below are a collection of key points, including course themes and main topics covered for each course. Please read through the info, feel free to cut and paste it exactly as it is, or communicate the essence of message in your own authentic way. Whatever you feel will have the greatest impact with your audience.

If you have any questions about any of the content, please reach out for clarification.

### YOUR DHARMA IS GREATNESS MASTER TRAINING

1. Based on the teachings of the Bhagavad Gita, this Training is an invitation to stand up and own your power, your truth and your own innate excellence.
2. It is both an exploration into the Yogic essence of the Bhagavad Gita and an opportunity for all genuine seekers to discover, clarify and step into their own, God-given Dharmic potential.
3. Dharma is why we are all here. We were born for greatness and there is an exact science to achieving it.



# YOUR DHARMA IS GREATNESS

BHAGAVAD GITA ONLINE TRAINING

## TOPICS COVERED:

- Training in Raja Yoga Meditation, the systematic roadmap of the ancient sages, used to connect to the light of the Higher Self (Krishna).
- Advanced Tantric practices to activate Kundalini at the Navel center (Arjuna).
- Study of Sankalpa: the science of will-power and thriving.
- The Yogic significance of key characters and events surrounding the Bhagavad Gita.
- Understanding the laws of Karma, Klesha and the obstacles on the path of spiritual freedom.
- Calculating your Dharmic Path (Dharma Marga) and dominant spiritual energies using Ankjyotisha (The wisdom of numbers).
- Study of the Chakra system and its relationship to the teachings of the Bhagavad Gita and your personal Dharmic mission.