

## SOCIAL MEDIA POST

50 HOUR TRADITIONAL HATHA YOGA INTENSIVE WITH OCTAVIO SALVADO.

Thousands of years ago a systematic spiritual science was created to awaken humanity to its highest potential. Now is the time to evolve the way you think about Yoga and more importantly, the way you practice it.

This 50 hour Intensive training program is a complete immersion into the science of Traditional Hatha Yoga, including concise lectures on Tantric philosophy and clear instruction on how you can use this system to master your mind and energy, truly evolve your life and achieve life's ultimate purpose – Self Realization.

This Intensive also serves as a 'bridging course' for teachers certified at the 200 hour level through other Yoga schools who wish to attend our 300 hour Advanced YTT program.

This training can NOW BE ACCESSED ALL YEAR ROUND, which means that you can study at a pace that's right for you.

Lifetime access to the training: \$449



To register please click (enter your personal Affiliate link)

Tag @thepracticebaliyoga

## Hashtag suggestions:

#yoga #yogaeverydamnday #yogabali #yogastudio #yogaposes #yogastudio #yogacourse #bali #yogainspiration #yogalove #thepracticebali #yogalove #yogagram #yogainspiration #inspiration #yogatraining #online yoga